

HOUSTONIAN AQUATICS

JR. BLUEFINS SWIM TEAM PREP

JAN. THROUGH DEC. 2024 SESSIONS



Children must be able to swim freestyle and backstroke to participate in this program.

Our focus will be on 75% technique and 25% endurance.

This program will help build a strong foundation and introduce how swim team practice will be run.



Mondays AND/OR Wednesdays

4:15 to 5 p.m. ... Ages 4-7

5:15 to 6 p.m. ... Ages 5-9

The Resort Pool

Bi-weekly Sessions

Mondays AND Wednesdays, every 2 weeks

1. Jan. 15-24	8. Sept. 23-Oct. 2
2. Jan. 29-Feb. 7	9. Oct. 7-16
3. Feb. 12-21	10. Oct. 21-30
4. Feb. 26-Mar. 6	11. Nov. 4-13
5. Mar. 18-27	12. Nov. 18-27
6. Aug. 19-28	13. Dec. 2-11
7. Sept. 9-18	14. Dec. 16-18 (1-week session, \$90)

Monthly Sessions

Mondays OR Wednesdays only every 4 weeks

1. Jan. 15-Feb. 7	5. Sept. 9-Oct. 2
2. Feb. 12-March 6	6. Oct. 7-30
3. March 18-27 (2-week session, \$90)	7. Nov. 4-27
4. Aug. 19-28 (2-week session, \$90)	8. Dec. 2-18 (3-week session, \$135)

**2 days per week for 2 weeks or 1 day per week for 1 month:
\$180 per person & per session**

**Register through CampMinder on the Aquatics
page at www.myhoustonian.com.**

**For more information, please contact Aquatics Program
Coordinator Lauren Gill at lgill@houstonian.com.**

